History is a subject that deals in ‘thinking long’. The human capacity to think beyond the immediate instant is one of our species’ most defining characteristics. Of course, we live in every passing moment. But we also cast our minds, retrospectively and prospectively, along the thought-lines of Time, as we mull over the past and try to anticipate the future. It’s called ‘thinking long’.

Studying History (indicating the field of study with a capital H) is one key way to cultivate this capacity. Broadly speaking, historians focus upon the effects of unfolding Time. In detail, they usually specialise upon some special historical period or theme. Yet everything is potentially open to their investigations.

Sometimes indeed the name of ‘History’ is invoked as if it constitutes an all-seeing recording angel. So a controversial individual in the public eye, fearing that his or her reputation is under a cloud, may proudly assert that ‘History will be my judge’. Quite a few have made such claims. They express a blend of defiance and optimism. Google: ‘History will justify me’ and a range of politicians, starting with Fidel Castro in 1963, come into view. However, there’s no guarantee that the long-term verdicts will be kinder than any short-term criticisms.

True, there are individuals whose reputations have risen dramatically over the centuries. The poet, painter and engraver William Blake (1757-1827), virtually unknown in his own lifetime, is a pre-eminent example. Yet the process can happen in reverse. So there are plenty of people, much praised at the start of their careers, whose reputations have subsequently nose-dived and continue that way. For example, some recent British Prime Ministers may fall into that category. Only
Time (and the disputatious historians) will tell.

In general, needless to say, those studying the subject of History do not define their tasks in such lofty or angelic terms. Their discipline is distinctly terrestrial and Time-bound. It is prone to continual revision and also to protracted debates, which may be renewed across generations. There’s no guarantee of unanimity. One old academic anecdote imagines the departmental head answering the phone with the majestic words: ‘History speaking’.¹ These days, however, callers are likely to

¹ I’ve heard this story recounted of a formidable female Head of History at the former Bedford College, London University; and the joke is also associated with Professor Welch, the unimpressive senior historian in Kingsley Amis’s *Lucky Jim: A Novel* (1953), although
get no more than a tinny recorded message from a harassed administrator. And academic historians in the UK today are themselves being harried not to announce god-like verdicts but to publish quickly, in order to produce the required number of ‘units of output’ (in the assessors’ unlovely jargon) in a required span of time.

Nonetheless, because the remit of History is potentially so vast, practitioners and students have unlimited choices. As already noted, anything that has happened within unfolding Time is potentially grist to the mill. The subject resembles an exploding galaxy – or, rather, like the cosmos, the sum of many exploding galaxies.

Tempted by that analogy, some practitioners of Big History (a long-span approach to History which means what it says) do take the entire universe as their remit, while others stick merely to the history of Planet Earth. Either way, such grand approaches are undeniably exciting. They require historians to incorporate perspectives from a dazzling range of other disciplines (like astro-physics) which also study the fate of the cosmos. Thus Big History is one approach to the subject which very consciously encourages people to ‘think long’. Its analysis needs careful treatment to avoid being too sweeping and too schematic chronologically, as the millennia rush past. But, in conjunction with shorter in-depth studies, Big History gives advanced students a definite sense of temporal sweep.

Meanwhile, it’s also possible to produce longitudinal studies that cover one impersonal theme, without having to embrace everything. Thus there are stimulating general histories of the weather, as well as more detailed histories of

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2 upon a quick rereading today I can’t find the exact reference.
For details, see the website of the Big History’s international learned society (founded 2010): www.ibhanet.org. My own study of Time and the Shape of History (2007) is another example of Big History, which, however, proceeds not chronologically but thematically.

weather forecasting, and/or of changing human attitudes to weather. Another overarching strand studies the history of all the different branches of knowledge that have been devised by humans. One of my favourites in this genre is entitled: *From Five Fingers to Infinity*.\(^4\) It’s a probing history of mathematics. Expert practitioners in this field usually stress that their subject is entirely ahistorical. Nonetheless, the fascinating evolution of mathematics throughout the human past to become one globally-adopted (non-verbal) language of communication should, in my view, be a theme to be incorporated into all advanced courses. Such a move would encourage debates over past changes and potential future developments too.

Overall, however, the great majority of historians and their courses in History take a closer focus than the entire span of unfolding Time. And it’s right that the subject should combine in-depth studies alongside longitudinal surveys. The conjunction of the two provides a mixture of perspectives that help to render intelligible the human past. Does that latter phrase suffice as a summary definition?\(^5\) Most historians would claim to study the *human past* rather than the entire cosmos.

Yet actually that common phrase does need further refinement. Some aspects of the human past – the evolving human body, for example, or human genetics – are delegated for study by specialist biologists, anatomists, geneticists, and so forth. So it’s clearer to say that most historians focus primarily upon the past of human societies in the round (ie. including everything from politics to religion, from war to economics, from illness to health, etc etc). And that suffices as a


definition, provided that insights from adjacent disciplines are freely incorporated into their accounts, wherever relevant. For example, big cross-generational studies by geneticists are throwing dramatic new light upon the history of human migration around the globe and also of intermarriage within the complex range of human species and the so-called separate ‘races’ within them. Their evidence amply demonstrates the power of longitudinal studies for unlocking both historical and current trends.

The upshot is that the subject of History can cover everything within the cosmos; that it usually concentrates upon the past of human societies, viewed in the round; and that it encourages the essential human capacity for thinking long. For that reason, it’s a study for everyone. And since all people themselves constitute living histories, they all have a head-start in thinking through Time.

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